

New Directions ? Healthy and Great Tasting Food



Last Revised on August 9, 2018.

You should be interested in eating healthy food that tastes really good. I have prepared a lengthy article that describes what it is, where you can get it in a restaurant, and how you can cook this way in your own kitchen. Check out this page: [Healthy But Great Tasting Food](#).

As I get older and wiser, I find that my eyesight is slowly deteriorating. It is getting more trying to write as many reviews as often as has been my habit. From now on, I will be very selective about what I post here. Here is my plan:

All restaurant reviewed here must be

- Healthy food that is really good (and good for you, too),
- Outstanding ? among the very best that New Mexico has to offer, and/or
- Unique ? in a class all by itself.

I won't write a review until I have been there at least four times. As always, I welcome your suggestions. Here is what is in the queue right now.

Except for some special events such as Wine Pairing Dinners. Like [this one at Blade's](#).

PS: I am no longer linking to Zomato. They pissed me off. Try [Yelp](#) instead.

I will continue to write short reviews on everyplace I visit, and they will appear on [Yelp](#). Check them out.

Reviews Coming Soon



Pork Chop

[Campo at Los Poblanos](#)



Death by Lemon for The Dazzler

[Savoy Bar and Grill](#)





Best Ceviche I have had in 41 years.

[Poki Poblano Fusion Lounge](#)

Best Newcomer 2018 already.

